



## LIP BLUSH

(2-step cosmetic tattoo procedure)

Lips permanent makeup procedure is an excellent way to enhance the color and shape of your lips, which will be low maintenance and long-lasting (12-18 months). Some find beneficial having just the contour done, some prefer their lips to be fully colored in, some are looking for a blush effect. All of these choices are possible with the permanent lip tattoo.

Full Lip Micropigmentation simulates the look of lipstick on your lips, but without the downsides of having to constantly apply it and leaving smudges everywhere. The procedure can also correct the shape of the lips, making them look more symmetrical and balanced. It can also add definition to the edge of your lips to minimize the appearance of fine lines, giving you a fresh and youthful look. Depending on the technique, it can make the lips look slightly more plump as well.



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### SUITABILITY

Lip Blushing is **NOT** recommended for any clients who have the following:

- History of herpes, fever blisters, and cold sores (if so, you may experience a lip outbreak after the procedures. Antiviral prescription such as Acyclovir, Zovirax, or Valtrex should be taken 4 days prior and 4 days after the procedure.
- Botox within the last month.
- Chronic dry or chapped or sunburned lips.
- Pregnant or breastfeeding.
- Diabetic.
- Sick (cold, flu, etc.)
- Active skin diseases such as Psoriasis, eczema, and undiagnosed rashes or blisters.
- Experience hypertrophic scarring, keloids, or hyperpigmentation.
- Currently taking blood thinning medications.
- Currently using or have taken Accutane and other steroids within the past year.
- Has cancer or are undergoing chemotherapy/radiation.
- Has present open wounds.
- Has bacterial or viral infection.
- Aged skin that is extremely thin or severely wrinkled.
- Has transmittable blood conditions such as Autoimmune Disorders or Hepatitis
- Has seizures or fainting spells.
- Allergic to anesthetics, tattoo inks, needles, pigments, makeup, or colors.
- Suffer from bleeding disorders such as hemophilia and/or healing disorders.

**If you have any of the above conditions and you are still interested in a procedure, please discuss with your doctor to get their approval prior to your visit.**



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### BEFORE YOUR PROCEDURE

#### 1 month preparation:

- No Botox and filler in the lip area
- No chemical peels
- No laser facials
- No Fraser, Co2, and IPL laser treatments
- Avoid tanning (sun and tanning beds)

#### 1 week preparation:

- If your lips are on the drier side, please exfoliate them with your favorite lip scrub, once, no closer than a week before your appointment.
- Moisturize your lips generously during the day.
- If you are very dry, use a night-time lip mask or conditioner, for extra assurance.
- **If you are susceptible to cold sores, it is highly recommended and is your responsibility to take an oral antiviral medication 4 days before and 4 days after the procedure.**

#### 24 hour preparation:

- Avoid alcohol 24 hours before the procedure
- Avoid caffeine on the day of the procedure
- Do not work out on the day of the procedure
- Avoid any tanning, wear strong sunscreen and cover your face if outside
- Do not take any medication that can cause blood thinning such as Aspirin, Vitamin E, Fish Oil, or Ibuprofen 24 hours before the procedure.
- Exfoliate and moisturize your lips before bed.

**Please call us if you have any questions regarding preparing for your treatment.**



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### AFTER YOUR PROCEDURE

#### Follow for 7-10 days after the procedure:

- Wash the area with mild soap and water 3 hours after your procedure. Using your fingertips and a mild soap (should not contain perfume, exfoliants, Retin A, Alpha-hydroxy acids), be very gentle, and pat dry.
- Do not touch the healing pigmented area with your fingers. They may transmit bacteria and could create an infection. Always use a clean cotton swab or Q-tip.
- Apply a very thin coat of Bacitracin ointment 3-5 times daily for the first 2 days. Discontinue Bacitracin and switch to Aquaphor for 5-7 days. If a slight crust appears on the pigmented surface **do not force removal by picking or scratching!** (You will remove pigment along with the crusting)
- Wash the area daily with water using only fingertips, and then pat dry.
- The procedure may have some peeling on or around the third day. This is a normal part of healing with some clients. The lip procedure will generally have the most peeling. **Do not pick!** Picking can result in scarring and loss of color.
- Do not apply make-up over healing areas. No tinting of lashes or brows. Avoid sun, saunas, and swimming, close contact with animals, and gardening for 7 to 10 days following the procedure(s).
- When bathing, keep the area dry as much as possible.
- Do not rub or traumatize the procedure area while it is healing (pigment might be removed along with the crusting tissue).
- Use a broad spectrum sunblock after the area has healed to reduce fading, after 30 days.
- Do not use products containing AHA's on or near pigmented areas including glycolic or lactic acids or Retin A products (they will fade the color).
- Avoid products containing Aloe Vera or Vitamin E during the healing time.
- Avoid teeth bleaching toothpaste, wine, and salty foods.
- Rinse your mouth with cool water after eating and re-apply your ointment.
- Try drinking through a straw, even hot coffee and tea. So many things we drink are acidic and will fade the color.
- **The follow-up appointment should be scheduled 4-6 weeks after the initial treatment. New procedures are generally a two-step process, and final results are typically not determined until a follow-up procedure is completed.**

**Follow your aftercare instructions, and you will have a beautiful result. Please call us if you have any questions.**



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### LONG-TERM CARE

#### Observations

Lips will become darker as they heal. You will see minimal peeling, but it is critical that you do not pick them! Picking will result in uneven color saturation. You will see the pigment soften and true color blossom within 2 weeks. Wear SPF once healed and continue to keep moisturized. Healing process/schedule may vary for you as everyone's skin is different.

#### Care

- No exfoliants, retinol acids, glycolic acids, and alpha hydroxyl acids on the area for a minimum of 30 days as it may cause premature fading.
- Always wear SPF. Sun and other UV exposure burns out the pigment causing premature fading.
- If you wish to do Botox or lip fillers, you must wait 4 weeks post-procedure.
- If you are undergoing MRI or laser treatments, you must inform the technician of your cosmetic tattoo procedures. Laser procedures may impact pigment, lightening/darkening or distorting it, changing the lip color.